



Ppep Tec Colin Powell

### School Wellness Report Card

Input School Name

OUTSANDING	SATISFACTORY	NEEDS IMPROVEMENT	<p>Students need healthy food and environments to reach their full potential. This report reviews our progress towards the goals outlined in our Local Wellness Policy to help student's succeed!</p>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Students encouraged to participate in school meals
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Menus are conveniently posted
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Teachers and staff receive training in nutrition.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Nutrition education integrated into various classes
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Parents and Teachers receive a list of healthy party ideas
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	School garden is maintained by students on school grounds
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	School operates a grab and go breakfast model
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Physical activity opportunities is available for 15 mins during school day
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Alternative ways to discipline - restorative practice
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Families are invited to participate in school activites and receive health info

# Highlights

CPLC participate in the Nutritional School "Breakfast and Lunch" and CEP programs. All of our students receive meals free of charge. We also participate in the "Summer Food Service Program" during the summer program as well.

CPLC staff serves meals in a clean and pleasant environment where teachers eat with their students and discuss healthy eating habits and nutrition.

The goal for the school is that students become physically active, develop good eating habits, and become health conscious about being healthy. Although we are a high school, we provide opportunities for students to go outside after lunch to absorb Vitamin D/sunlight and to play basketball, run, walk, teeter ball, or some other activity for at least 15 minutes after lunch daily.

We promote staff member participation in health and wellness.

# Areas for Growth

CPLC menus do not contain nutritional information but are consistently available. We will work to incorporate nutritional information.

CPLC has seen an improvement in the area of family engagement, with inviting our students and parents to participate in school sponsored activities and receive information about health promotion efforts.

However, both of the above are a work in progress and we will continue to work on these areas.