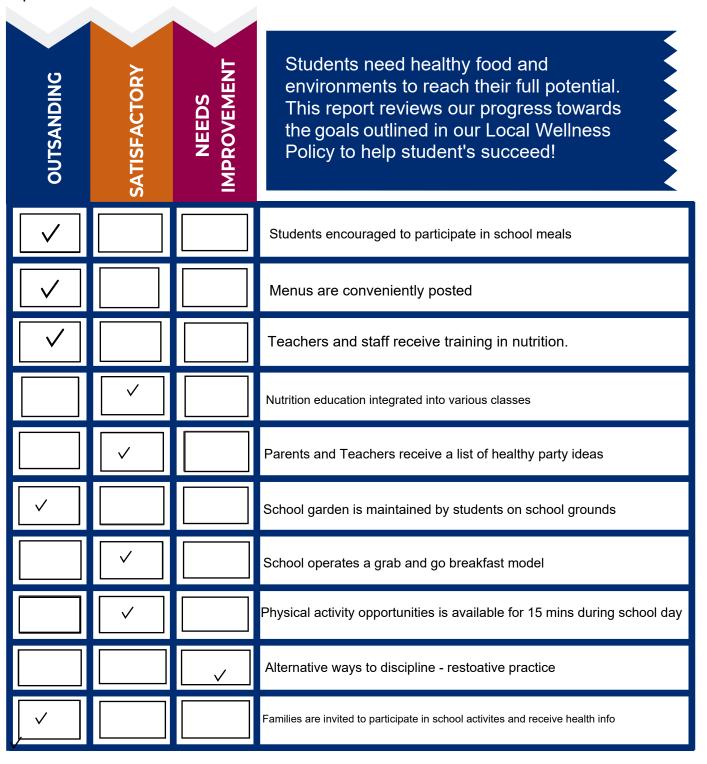


## Ppep Tec Colin Powell Input School Name

## School Wellness Report Card



## Highlights

CPLC participate in the Nutritional School "Breakfast and Lunch" and CEP programs. All of our students recieve meals free of charge. We also participate in the "Summer Food Service Program" during the summer program as well.

CPLC staff serves meals in a clean and pleasant environment where teachers eat with their students and discuss healthy eating habits and nutrition.

The goal for the school is that students become physically active, develop good eating habits, and become health conscienous about being healthy. Although we are a high school, we provide opportunities for students to go outside after lunch to absorb Vitamin D/sunlight and to play basketball, run, walk, teeter ball, or some other acrivity for at least 15 minutes after lunch daily.

We promote staff member participation in health and wellness.

## **Areas for Growth**

CPLC menus do not contain nutritional information but are consistently avavilable. We will work to incorporate nutritional information.

CPLC has seen an improvement in the area of familyengagement, with inviting our students and parents to participate in school sponsored activities and receive information about health promotion efforts.

However, both of the above are a work in progress and we will continue to work on these areas.